

# LA GUADALUPANA

REAL  
MEXICAN FOOD



4818 SUMMER AVE.  
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CORDOVA, TN 38016  
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## Lunch Menu

Only Monday to Friday

Served from 10:00 am to 2:00 pm  
Plates served with rice & beans.

- 1-CHILAQUILES \$10.00  
Chilaquiles in green or red sauce with cheese and sour cream.  
CHOOSE TYPE OF MEAT
- 2-CHIMICHANGA LUNCH \$7.99  
CHOOSE TYPE OF MEAT
- 3-TACO LUNCH (Two tacos) \$7.25  
CHOOSE TYPE OF MEAT
- 4-ENCHILADAS LUNCH (Two order) \$6.99  
Two Enchiladas With green or red sauce.  
CHOOSE TYPE OF MEAT
- 5-FAJITAS LUNCH \$7.99  
With flour or corn tortillas  
CHOOSE TYPE OF MEAT
- 6-BURRITO LUNCH \$7.99  
CHOOSE TYPE OF MEAT
- 7-QUESADILLA LUNCH \$6.99  
CHOOSE TYPE OF MEAT
- 8-TAMALE LUNCH \$ 5.99  
One chicken tamale served with sour cream on the side.
- 9-CHILE REYENO LUNCH (One) \$6.99  
One cheese chile poblano.
- 10-GORDITA LUNCH (One) \$6.99  
CHOOSE TYPE OF MEAT



Served with rice, beans and tortillas.

- 1-HUEVOS CON CHORIZO \$9.50
- 2-HUEVOS CON JAMON \$9.50
- 3-HUEVOS RANCHEROS \$9.50
- 4-HUEVOS A LA MEXICANA \$9.50

## Breakfast Desayunos

If you add something to the order we charges extra.

## The Originals

**TORTA-MEXICAN SANDWICH \$6.25 CHOOSE TYPE OF MEAT**  
Served with mayonnaise, avocado, lettuce and tomatoes.  
All between two pieces of hoagie bread.

**TORTA CUBANA \$9.99**  
Served with mayonnaise, jalapeños, avocado, lettuce, tomatoes and beans. All between two pieces of hoagie bread.  
Filled inside with breaded chicken, Mexican sausage, ham and steak.

**CHICKEN TAMAL DINNER \$7.99**  
Two chicken tamales served with sour cream, rice and beans on the side

**BURRITO \$6.99 CHOOSE TYPE OF MEAT**  
Beans, lettuce, tomatoes, cheese, sour cream, cilantro and onions. All wrapped inside a big flour tortilla.

**BURRITO DINNER \$9.99 CHOOSE TYPE OF MEAT**  
Beans, lettuce, tomatoes, cheese, sour cream, cilantro and onions. All wrapped inside a big flour tortilla. Rice and beans on the side.

**BURRITO SUIZO \$11.50 CHOOSE TYPE OF MEAT**  
Beans, lettuce, tomatoes, cheese, sour cream, cilantro and onions. All wrapped inside a big flour tortilla topped with cheese and swiss sauce. Rice and beans on the side.

**SOPE OR GORDITA \$4.75 CHOOSE TYPE OF MEAT**  
Beans, lettuce, tomatoes, cheese, sour cream, cilantro and onions. All condiments are on a thick corn tortilla.

**TOSTADA \$4.75 CHOOSE TYPE OF MEAT**  
Fried corn tortilla topped with Beans, lettuce, tomatoes cheese, sour cream, cilantro and onions.

**HUARACHE \$6.50 CHOOSE TYPE OF MEAT**  
Served with Beans, lettuce, tomatoes, cheese, sour cream cilantro and onions. All on top of a thick corn tortilla.

**TACO \$2.50 CHOOSE TYPE OF MEAT**

- TACO TONGUE- LENGUA \$3.25
- TACO FISH-PESCADO \$2.75
- TACO SHRIMP-CAMARON \$2.75
- TACO BREAKFAST- DESAYUNO \$2.75

Served on two soft corn tortillas, topped with onions and cilantro.



## Vegetarian Vegetariano

Your choice of taco, burrito, torta gordita, sope or tostada. served with

- ✓ Beans.
- ✓ Rice.
- ✓ Lettuce.
- ✓ Onions.
- ✓ Sour cream.
- ✓ Cheese.
- ✓ Tomato.
- ✓ Cilantro.
- ✓ Slices avocado



## Choose Your Meat

Steak- Asada.  
Mexican Sausage- Chorizo.  
Spicy Pork-Pastor.  
Goat-Barbacoa.  
Steamed Pork- Carnitas.

Tongue- Lengua.  
Breaded Chicken- Milaneza.  
Chicken- Pollo.

## Soups Caldos

- 1-CALDO DE CAMARON Y PESCADO \$10.99  
(SHRIMP AND FISH SOUP)
- 2-CALDO DE POLLO \$9.99  
(CHICKEN SOUP)
- 3-SOPA DE MARISCOS \$12.99  
(SEAFOOD SOUP)
- 4-CALDO DE RES \$10.99  
(BEEF SOUP)
- 5-MENUDO \$10.99  
(TRIBE SOUP)
- 6-POZOLE (WEEKEND ONLY) \$10.99  
(PORK SOUP)





# Platillos

PLATES SERVED WITH RICE, BEANS  
CORN OR FLOUR TORTILLAS AND SALAD.

- 1- CARNE ASADA (Grilled steak) \$13.50
- 2- TAMPIQUEÑA LA GUADALUPANA. \$15.25  
Guadalupana style. Grilled steak with one enchilada cactus, onions and grilled jalapeños.
- 3- COSTILLAS DE RES. (Short ribs) \$13.99
- 4- ALAMBRES. \$13.99 choose type of meat  
Served with jalapeños, onion, tomato and cheese.
- 5- BISTEK RANCHERO (Steak with ranchero sauce) \$12.99
- 6- BISTEK ENCEBOLLADO (Steak with onions) \$13.99
- 7- BISTEK A LA MEXICANA \$13.99  
Grilled steak with jalapeños, onion, tomato.
- 8- BARBACOA DE CHIVO O RES (Goat or Beef barbacoa) \$12.99
- 9- CHILE RELLENOS (Two stuffed peppers) \$12.99
- 10- CARNITAS DE PUERCO (Steamed pork) \$11.99
- 11- MILANEZA DE POLLO (Breaded Chicken) \$12.99
- 12- GODORNIZ FRITA EN SALSA ROJA O VERDE. \$13.99  
Cornish hen fried with green or red sauce.
- 13- PECHUGA A LA PLANCHA (Grilled chicken breast) \$12.99
- 14- PECHUGA A LA MEXICANA \$12.99  
Grilled chicken with onion, tomato and jalapeño peppers.
- 15- PECHUGA A LA DIABLA (Chicken breast diablo style hot) \$12.99
- 16- ENCHILADAS EN SALSA ROJA O VERDE. \$10.99 Choose type of meat  
Three enchiladas with green or red sauce.
- 17- ENCHILADAS RANCHERAS. \$10.99 Choose type of meat  
Three enchiladas with ranchera sauce on top.
- 18- FLAUTAS DE POLLO. \$10.99  
Three fried rolled corn tortillas with chicken inside.
- 19- CHIMICHANGA. \$10.99 Choose type of meat  
Fried burrito served without salad
- 20- QUESADILLA CON QUESO. \$9.99  
Cheese quesadilla served without salad
- 21- QUESADILLA CON QUESO Y CARNE. \$11.99 Choose type of meat  
Cheese and meat quesadilla served without salad.
- 22- SUPER NACHOS. \$11.99 Choose type of meat  
Served with beans, sour cream, guacamole, tomatoes, jalapeños and cheese.
- 23- POLLO AL HORNO. (Baked Chicken) \$11.99
- 24- POLLO FELIZ \$10.99  
Bed of rice topped with slices of grilled chicken and cheese sauce on top.
- 25- ENSALADA DE POLLO (Grilled Chicken salad) \$10.99  
Bed of lettuce topped with slices of grilled chicken, bell pepper, tomato, onions, radishes and slices of avocado.



26. Pierna de Pollo a la  
Plancha. \$10.99

# Platillos del Mar

- 26- MOJARRA FRITA. (Fried Tilapia) \$12.50
- 27- FILETE DE PESCADO. (catfish filet) \$12.50
- 28- CAMARONES A LA DIABLA. \$13.50  
Shrimp in hot sauce.
- 29- CAMARON A LA PLANCHA. (grilled shrimp) \$13.50
- 30- CAMARON RANCHEROS. \$13.50  
Shrimp with ranchero sauce.
- 31- CAMARON A LA MEXICANA. \$13.50  
Shrimp with grilled tomatoes, onions, and jalapeño peppers.
- 32- CAMARONES AL MOJO DE AJO. \$13.50  
Shrimp cooked with small pieces of garlic
- 33- ENSALADA DE MÁRSICOS CALIENTE. \$14.50  
Warm seafood salad (filet, shrimp, octopus, crabs  
on the bed of lettuce and avocado)
- 34- ENSALADA DE CAMARON (Grilled Shrimp salad) \$11.99
- 35- COCTEL MIXTEADO.  
Combination shrimp and octopus cocktail  
Small: \$11.99  
Large: \$15.99
- 36- COCTEL DE CAMARÓN (shrimp cocktail)  
Small: \$9.99  
Large: \$13.99
- 37- FAJITA DE RES. (Beef fajitas) \$13.50
- 38- FAJITA DE CAMARON. (Shrimp fajitas) \$13.50
- 39- FAJITAS DE POLLO. (Chicken fajitas) \$12.50
- 40- FAJITAS DE RES Y CAMARON. (Shrimp and beef fajitas) \$14.50
- 41- FAJITAS DE POLLO Y CAMARON. (Shrimp and chicken fajitas) \$13.50
- 42- FAJITAS MIXTEADAS. (Chicken, shrimp and beef fajitas) \$15.50

# Fajitas

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.



# A la Carta



- 1-Small meat quesadilla \$4.99
- 2-Small cheese quesadilla \$3.99
- 3-Big meat quesadilla \$7.99
- 4-Big cheese quedadilla \$6.25
- 5-Big shrimp quesadilla \$8.99
- 6-Small shrimp quesadilla \$5.25
- 7-Shrimp ceviche tostada 4.99
- 8-Meat chimichanga \$ 7.25
- 9-Chicken nugets \$4.99
- 10-Taco salad \$6.99
- 11-Chicken tamale \$1.99
- 12-Enchilada with green or red sauce \$2.75
- 13-Chile poblano relleno (with cheese) \$3.99
- 14-Guacamole  6.99
- 15-Cheese dip \$4.99
- 16-Order of rice \$1.99
- 17-Order of beans \$1.99
- 18-Flauta \$2.25



- JARRITOS \$1.99
- AGUA MINERAL \$1.99
- MEXICAN COKE \$1.99



COFFEE \$1.99

TEA \$1.99

# Drinks



The best Micheladas \$5.99

Beer

Cerveza

IMPORTADA \$3.75  
NACIONAL \$3.25

- |                  |                |
|------------------|----------------|
| CORONA EXTRA     | BOHEMIA        |
| CORONA FAMILIAR  | PACIFICÓ       |
| CORONA LIGHT     | DOS XX LAGER   |
| CORONA PREMIER   | DOS XX AMBER   |
| NEGRA MODELO     | BUD LIGHT      |
| MODELO ESPECIAL  | BUDWEISER      |
| TECATE           | HEINEKEN       |
| SOL              | COORS LIGHT    |
| ESTRELLA JALISCO | MILLER LIGHT   |
| VICTORIA         | BLUE MOON      |
|                  | MICHELOB ULTRA |



CAN SODA 90 ¢

FLAVOR WATER



(MELON, HORCHATA Y JAMAICA)  
MEDIUM \$1.99 LARGE \$2.99



\$17.99